



# Our Lady Catholic Primary School

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Headteacher: Mr. R. Curry

4<sup>th</sup> October 2023

Dear Parents and Carers,

## **#Hello Yellow**

We are pleased to inform you that we are organising and hosting 'Hello Yellow' day this year to support the charity 'Young Minds' in their efforts to raise awareness about the importance of mental health and wellbeing in young people.

On Tuesday 10<sup>th</sup> October, we will be celebrating 'World Mental Health Day' by wearing as much yellow as we can find in our wardrobes. This could be a yellow onesie, t-shirt, hat, scarf, hair bobbles or even yellow pyjamas if you own any. The more yellow the children and staff can find to wear, the better! To raise money for the charity we are asking for a donation of £1 per child, in exchange for them wearing yellow.

During the day the children will be engaging with learning about mental health and taking part in classroom activities.

The Young Minds website link is here for you if you would like to find out more about their work or to purchase any merchandise in the run up to our event <https://youngminds.org.uk/>

Thank you in advance for your support – we know we will have a brilliant day in school and raise money for a truly worthy cause.

So, get ready to help the children dig out their neon socks, custard scarves and banana hats to show young people they're not alone with their mental health.

Yours sincerely

Richard Curry  
Headteacher