



Our Lady Catholic Primary School

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5th July, 2021

Dear Parent/Carer,

We have been informed of a confirmed case of COVID-19 within the school.

This letter is to inform you of the current situation and provide general advice for you.

Those children and staff members who have been in direct prolonged contact with the confirmed case will have received an individual letter advising them to self-isolate in line with the national guidance.

If you have not received a letter identifying your child as a close contact your child is not advised to self-isolate on account of the case in the school. This letter is for your information only.

Although your child has not been identified as a close contact I would like to take this opportunity to provide you with general information on COVID-19.

General COVID information:

We ask parents and guardians to inform us immediately of any positive lateral flow test results within the family and to keep their child at home until the PCR test results are received and, again, to inform us of the outcome immediately.

We also ask for our parents and guardians to be more aware of the low level symptoms of this new Covid strain, which are often being mistaken for a cold or hay fever. If you see any of these symptoms in your child please arrange for a PCR test immediately and keep your child off school if the test is positive, notifying the school immediately.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19 they should remain at home. Arrange for a COVID test via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling NHS 119 and inform the head teacher.

If their test is negative and they can return to school when they are well.

If their test is positive they will need to self-isolate for **10 days** from the date when their symptoms start. All your household members must also self-isolate for 10 days. Close contacts of those with a confirmed case of coronavirus are also advised to book

a PCR test. This will help to halt the spread of the virus. If the test is negative they will still have to self isolate for the 10 days. If the test is positive they must begin their own period of self isolation from the date of their positive test.

The date of symptom onset is day zero.

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>.

Symptoms

The symptoms of coronavirus (COVID-19) are:

- recent onset of new continuous cough or
- high temperature or
- a loss of, or change in, normal sense of taste or smell (anosmia).

For most people, coronavirus (COVID-19) will be a mild illness. If you are concerned about your health or the health of anyone else in your house please seek advice from your GP or NHS 111 by phoning 111.

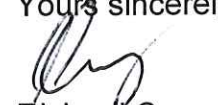
There are things you can do to reduce the risk of getting COVID-19:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely,



Richard Curry
Head Teacher