



Our Lady Catholic Primary School

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Headteacher: Mr. R. Curry
Deputy Headteacher: Mr. D. Abrahams

Thursday 29th April 2021

Dear Parents/Carers,

Tomorrow, Friday 30th April, we shall be taking part in 'England Does the Daily Mile' to commemorate, what would have been Sir Captain Tom's 101st birthday. The Daily Mile is something that we are looking to establish as part of our daily practice so we thought that this was the perfect opportunity to trial it.

The children will be given a target distance to achieve depending on their year group:

- Early Years will aim to complete at least one lap of the school field;
- Years 1 and 2 will aim to complete at least two laps;
- Years 3 and 4 will aim to complete at least three laps;
- Years 5 and 6 will aim to complete at least 4 laps

Children can decide whether they want to run or walk their distance.

The Herts Sports Partnership have been coordinating the Daily Mile across the county for the last few years and are supporting the Daily Mile Foundation with their first national Daily Mile event. As part of the day, the Partnership have been working with Athlete Mentors, to create a pre-recorded virtual assembly, which children will watch on Friday.

The children discovered today that our Athlete Mentor is former professional tennis player, Jade Windley. Please see the attached document for more information about her career.

So that the children can complete their daily mile as comfortably as possible, we ask that children come to school wearing their PE kit and a comfortable pair of trainers, tomorrow.

Mr Abrahams

Deputy Head/PE Lead