

PSHE Curriculum Map 2026/2027 (PSHE Association)

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EYFS		1. Personal development - Children learn to build confidence & self-esteem, develop independence (e.g. dressing, toileting, making choices), recognise their own feelings & needs e.g. choosing activities, praising effort rather than outcome and talking about “what makes me special”. 2. Social development - Children learn to form positive relationships, share, take turns & cooperate, show kindness & respect e.g. group games & turn-taking activities, role play (home corner, shop, doctors) and modelling polite language and empathy. 3. Emotional development - Children learn to identify & name emotions, begin to manage big feelings, seek help when needed e.g. emotion cards or mirrors, calm-down spaces, stories about feelings (e.g. anger, worry, friendship). 4. Health and wellbeing - Children learn about healthy eating & exercise, basic hygiene (handwashing, brushing teeth) and keeping safe e.g. snack-time discussions, outdoor physical play and talking about safe and unsafe situations. PSHE is taught in Early Years through play-based learning, daily routines (snack time, tidy-up, circle time), stories, songs, & role play and adult modelling & positive reinforcement. It is woven naturally into everyday experiences, rather than taught as formal lessons.					
Key Stage 1	Class	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Year 1	Making friends: playing and learning together	Mental health and wellbeing	Celebrating me, you and our families	Safety at home	Being healthy	Showing kindness to ourselves and others
	Year 2	Mental health and wellbeing	Keeping safe online	Me, my body and staying safe	Money and work (NS)	Safety outside the home	Looking back and moving on
Lower Key Stage 2	Year 3	Me, my friends and belonging	Mental health and wellbeing	Building healthy habits	Making choices online	Keeping safe out and about	Looking out for each other
	Year 4	Mental health and wellbeing	Exploring ways to manage risk	Forming respectful relationships	Money matters and news literacy (NS)	Me, my body and growing up	Families and growing together
Upper Key Stage 2	Year 5	Friendships, stereotypes and bullying	Mental health and wellbeing	Positively engaging with our world	Respecting boundaries	Safe connections online	Embedding healthy habits and learning first aid
	Year 6	Mental health and wellbeing	Managing money and online spending	Changes in puberty (and sex education)	Drug education: assessing risk and managing influences	Developing our understanding of AI	Looking to the future (NS)

NS = Non-statutory